ACTIVITIES

November 2026

Open 8:00am to 3:00pm
Monday - Friday

Monday	Tuesday	Wednesday	Thursday	Friday
2 CHAIR EXERCISE	3 MUSIC ROGER HORSMAN NAIL CLINIC	4 CHAIR EXERCISE PAINTING WITH BILL BINGO NAIL CLINIC	5 MUSIC MELISSA KELLUM PAINTING WITH BILL	6 CHAIR EXERCISE
9 CHAIR EXERCISE	10 MUSIC MONTY DALE LUKE 10AM to 1PM BLOOD PRESSURE CHECKS BY FORSYTH REHAB	11 CHAIR EXERCISE PAINTING WITH BILL BINGO TERESA COTA MEDICARE	12 MUSIC LESLIE DENNING PAINTING WITH BILL	13 CHAIR EXERCISE
16 CHAIR EXERCISE	17 MUSIC BRAD & RICK NAIL CLINIC	18 CHAIR EXERCISE PAINTING WITH BILL BINGO	19 PAINTING WITH BILL	20 CHAIR EXERCISE
23 CHAIR EXERCISE	24	25 CHAIR EXERCISE PAINTING WITH BILL BINGO	26 CLOSED ********** HAPPY THANKSGIVING	27 CLOSED
30 CHAIR EXERCISE			* Chair Exercises ---- 9am-10am * Music ---------- 10:30 - 12:30 * Paint Class ---------- 8am - 2pm * Bingo ---------- 12:30 - 1:30 * Nail Clinic (by app't only) 9am - 3pm	

http://www.calendarsquick.com