

ACTIVITIES

September 2026

Open 8:00am to 3:00pm
Monday - Friday

Monday	Tuesday	Wednesday	Thursday	Friday
	MUSIC - ROGER HORSMAN 1 FOOT CARE CLINIC	CHAIR EXERCISE 2 PAINTING WITH BILL BINGO - prizes supplied by Forsyth Rehab Center FOOT CARE CLINIC	PAINTING WITH BILL 3 MUSIC -	CHAIR EXERCISE 4
CLOSED LABOR DAY 7	MUSIC - MONTY DALE LUKE 8	CHAIR EXERCISE 9 PAINTING WITH BILL BINGO	PAINTING WITH BILL 10 MUSIC - LESLIE DENNING 3pm BOARD MEETING	CHAIR EXERCISE 11
CHAIR EXERCISE 14	MUSIC - MARIE Z. 15 10AM to 2PM BLOOD PRESSURE CHECKS BY FORSYTH REHAB FOOT CARE CLINIC	CHAIR EXERCISE 16 PAINTING WITH BILL BINGO - American Senior Benefits	PAINTING WITH BILL 17 MUSIC - MELISSA KELLUM	CHAIR EXERCISE 18
CHAIR EXERCISE 21	MUSIC - RAY'S WORLD 22	CHAIR EXERCISE 23 PAINTING WITH BILL BINGO - At Home	PAINTING WITH BILL 24 MUSIC -	CHAIR EXERCISE 25 BIRTHDAY CELEBRATION
CHAIR EXERCISE 28	MUSIC - RICK & BRAD 29 10:00 - 1:00 PHARMACIST CONG DANG WELLNESS SHOTS	CHAIR EXERCISE 30 PAINTING WITH BILL BINGO	• Chair Exercises ----- 9:00 - 10:00 • Music ----- 10:30 - 12:30 • Foot Care Clinic ----- 8:00 - 3:00 • Painting Class ----- 8:00 - 2:00 • Bingo ----- 12:30 - 1:30	