

ACTIVITIES

August 2026

13879 US Hwy 160
Forsyth, MO
Ph: 417-677-8022

Monday	Tuesday	Wednesday	Thursday	Friday
CHAIR EXERCISE ³	MUSIC ⁴ ROGER HORSMAN NAIL CLINIC	CHAIR EXERCISE ⁵ PAINTING with BILL BINGO NAIL CLINIC	PAINTING with BILL ⁶ MUSIC MELISSA KELLUM	CHAIR EXERCISE ⁷
CHAIR EXERCISE ¹⁰	MUSIC ¹¹ RICK & BRAD	CHAIR EXERCISE ¹² PAINTING with BILL BINGO	PAINTING with BILL ¹³ MUSIC JERRY FREESE 3pm BOARD MEETING	CHAIR EXERCISE ¹⁴
CHAIR EXERCISE ¹⁷	NAIL CLINIC ¹⁸ BLOOD PRESSURE CHECKS - FORSYTH REHAB CENTER	CHAIR EXERCISE ¹⁹ PAINTING with BILL BINGO	PAINTING with BILL ²⁰ MUSIC RAY REICHARD	CHAIR EXERCISE ²¹
CHAIR EXERCISE ²⁴	MUSIC ²⁵ MARIE Z	CHAIR EXERCISE ²⁶ PAINTING with BILL BINGO	PAINTING with BILL ²⁷ MUSIC DAVE & CATHY	CHAIR EXERCISE ²⁸ BIRTHDAY CELEBRATION
CHAIR EXERCISE ³¹			ACTIVITY TIMES: EXERCISE - 9:00 to 10:00 MUSIC - 10:30 to 12:30 PAINT CLASS - 8:00 to 2:00 BINGO - 12:30 to 1:30 BLOOD PRESSURE CHECKS - 10:00 to 2:00	